## **Poulsbo Artist League Newsletter**

Poulsbo Artist League P.O. Box 764 Poulsbo, WA 98370

http://poulsboartist.com

2019 WEDNESDAYS October 2, 9, 16, 23, 30

October 2 Annual Meeting and Potluck 12:30



October Birthdays Ingrid Amirault, Suzanne Campbell, Vivian Chesterley, Jenny Ludwig, Gayle Munter, Terry Smith

2018-2019 Officers: President -Bill Fulton BillFulton2001@yahoo.com

Vice President Suzanne Campbell suzannebcampbell@gmail.com

Secretary -Judy Guttormsen judyguttormsen@gmail.com

Treasurer -Libby Anderson minis4recess@sbcglobal.net

Webmaster -Bill Fulton BillFulton2001@yahoo.com

Sunshine -Jill Newkirk jillnewkirk@Centurylink.net

#### PAL Ponderings by President Bill Fulton:

I thought we had a good annual meeting last Wednesday. About 27 people showed up with plenty of delicious food, and we all enjoyed the Food and the conversation. Thanks to Libby Anderson for all the work she did to make this a success.

I also want to thank Libby and her husband for all the work they put in during the last year to obtain our non-profit status from the federal government. This was necessary because the banks now require it anytime we change signers on our account. The amount of paperwork is gargantuous. Thanks, Libby!

Thanks also go to Judy Guttormsen for being our secretary last year, especially for producing our monthly newsletter. Kudos!

We welcome Suzanne as our new vice president. Thanks for stepping forward, Suzanne Campbell!

And we thank Jill for continuing to be our Sunshine person. I'm happy to continue as president for another year, and I thank you for the gift card. I spent it on - you guessed it - art supplies! I thought we had some good ideas presented at the meeting, especially Ingrid's willingness to organize some plein aire outings. I look forward to joining in.

So here's to another year of fun art work with PAL. Thanks, everybody!

Bill



### **Sketches by Vice-President Nancy Sefton**



ARTIST'S BLOCK II by Nancy Sefton

Last month I wrote about that unwelcome malady: artist's block. Today, for my final PAL Essay, I'm following up with a tip or 2 from other painters. First, remember that like the tide, there's an ebb and flow to most things. If you're ebbing (the creative tide has gone out and left you floundering in the shallows), just wait till the tide turns...in the form of inspiration that bonks you on the head (gently) like a log born by the incoming waves. Let the enthusiasm build until you can't wait to grab a brush.

Artist Liz Wiltzen says: "I sometimes stare blankly at my canvas, then duck-tape a brush to my hand, but nothing happens." She suggests that short-term blockage can be cured in several ways:

- (1)-- trying a different creative method, like looking through a collection of your photos;
  a few may be crying to be rendered in paint
- (2)--changing your routine subject matter, i.e. from landscapes to portraits or animals; from nature to still-lifes; or even trying a new style (loosening up instead of dwelling on details, for example...or the opposite!)
- (3)--taking a workshop, especially if it introduces you to a new artistic approach
- (4)--getting out of a rut; for example, painting outdoors for a change
- (5)--trying a much smaller, or larger format, compared to your usual layout

Lately I've spent summers not going near my paints, raising and canning veggies instead (one has to do *something*!) When I do return to art in the fall, it's like a refreshing new hobby.

Many artists suggest that we enjoy the ebb tide when it happens, by taking a vacation from art for little while, and then be ready to take advantage of the incoming tide that hopefully brings inspiration.

Okay... And now, I must say what fun it's been to research and author this column since late 2017. In doing so, I've learned more about the artistic process than I ever thought I would. --- All thanks to PAL. NS

## Current Exhibits and Sales

#### Poulsbo City Hall ~ various members ~ Contact: Nancy Sefton

We have been asked by the Mayor to report any changes in City Hall hangings, should you sell a painting and replace it. The City Hall staff needs an accurate inventory on file. So please report to Kati Diehl at the 3rd floor desk, or leave a note, with your name and the titles of the works involved. You may also email her: kdiehl@cityofpoulsbo.com.

Poulsbo Athletic Club-Jenny Ludwig sold a painting from this venue as well as Anita Puzon..

**REMOVAL of ART from POULSBO ATHLETIC CLUB: Oct. 26** Sat., Oct. 26th, is the day for removal of PAL's display of art from the Poulsbo Athletic Club staircase. Anyone with art at this location is asked to please stop by between 1 and 2 p.m. on Oct. 26th to take down his/her own pictures. Another display is going up on the 26th by a single artist. Your help is appreciated! If you cannot be at the Poulsbo Athletic Club that day, please notify Nancy Sefton or Lisa Stowers.

**Central Market in Poulsbo- Maggie Huft, Bill Fulton, and Lynda Goeb** have all sold paintings at the market recently. Be sure to place your contact information (full name plus either email address or ph. no.), on your Central Market paintings. Some buyers are in a hurry, or just visiting here, and leave their payment with staff in the downstairs office by the checkout stands. The nice staff will contact you and you can pick up the \$\$ there.

Edward Jones Building~ various members ~ Contact: Shar DuFresne

Poulsbo Library ~ various members ~ Contact: Maggie Huft, Libby Anderson

**Ildiko Deaky** has her work on display at Liberty Bay Gallery in Poulsbo, on an ongoing basis.

Nita Johnson has art displayed at Café 305 in Poulsbo.

**Valerie West** has paintings displayed at the Treehouse Café on Bainbridge Island through the end of October. Val will have her work in the Hidden in Hills Studio Tour put on by the Sonoran Art League in Scottsdale, AZ.

\*\*If you are exhibiting anywhere and would like to have it listed here, you need to let the secretary know at least by the last week of the month. Also – if you have a show that closes, Please let me know so I can remove it from the newsletter.

Venue	Collect Art	Hang Art	Return Art
Central Market	October 23	October 26	October 30
Edward Jones	November 7	November 7	ТВА
Poulsbo Library	ТВА	ТВА	ТВА
City Hall	2020		
Poulsbo Athletic Club	SEE NOTE ABOVE	SEE NOTE ABOVE	SEE NOTE ABOVE

# Art Opportunities/Announcements



*Entry period is now open til November 17.* Up To \$10000 in Cash and Purchase Prizes will be awarded to Washington State Residents during the 2020 CVG Show

*Monet, Renoir, Degas, and Their Circle: French Impressionism and the Northwest at the Tacoma Art Museum* Opens September 28, 201Seen as artistic radicals in their time, the French Impressionists found their way into premier public and private Northwest art collections impacting American artists for decades. The exhibition will provide visitors the unique opportunity to enjoy signature works by Claude Monet, Pierre-Auguste Renoir, Camille Pissarro, Alfred Sisley, Gustave Caillebotte, Paul Gauguin, Berthe Morisot, Mary Cassatt, and Edgar Degas, as well as some of the American and Northwestern artists they influenced, including Theodore Robinson, Theodore Wendel, C.C. McKim and Clara Jane Stephens.

Art Opportunities by PAL Members at the Poulsbo Recreation Department~ Peruse the Fall/Winter catalog to find a variety of reasonably priced art classes from watercolor, acrylics, oil, calligraphy to photography. PAL member Donna Russell is teaching various watercolor classes. Contact City of Poulsbo Parks and Recreation 360-779-9898 or for the full catalog: www.cityofpoulsbo.com

#### **Ongoing Watercolor Classes with John Adams**

The four session watercolor classes are ideal for those wishing to "loosen up" their style with a seasoned instructor who exhibits widely (John is currently featured at Front St. Gallery in Poulsbo). For information on his location and dates of his next sessions, contact <u>2john@earthlink.net</u> or check the John Adams Design web site. Tuition for four 2-hour sessions is \$100.

#### ART OPPORTUNITIES AND ANNOUNCEMENTS, CONT.

#### Poulsbo Artist League Christmas Party

The event will be the first Wednesday in December. Begin painting your miniatures if you plan on participating in the painting exchange. Jenny Ludwig, Laura Chesvick, and Elizabeth Haney are planning the event.

#### **Plein Aire Group**

Ingrid Amirault is heading up Poulsbo Artists League first plein air group. She has some great location ideas to paint outside in our beautiful area. Contact Ingrid at <u>silamirault@gmail.com</u> if you are interested in joining the group.



#### Show you work on the PAL Website!

We're expanding our PAL web site to include a PAL Members' Gallery. We'll begin by accepting a single painting image from any member interested. How to submit your painting: If you have appropriate software, send a jpg. file of the painting to Bill Fulton's email address: <u>BillFulton2001@yahoo.com</u>. please include your name, the painting's title and medium, and if you wish, your email address plus a price for the work. If you need help with the transfer, bring your painting to a PAL meeting so that either Bill Fulton or Nancy Sefton can take a photo of your art.